DELİ MENU

MANAGER’S SPECIAL

Hot Sandwich with chips or baked chips and one side: cup of soup, fruit or M&Cheese. Substitute a side salad. Substitute a side salad.

SPECIALTY SANDWICHES

Make one of these sandwiches into a MANAGER’S SPECIAL

The Camelot 660 cal
Three meats: salami, pepperoni, nitrite-free ham - melted provolone, spicy pepperoni sauce, mayo, toasted whole wheat.

Santa Fe Chicken Sandwich* 710 cal
100% antibiotic-free chicken breast, bacon, Swiss, guacamole, tomato, 1000 island,located multigrain wheat.

Shelley’s Deli Chick 590 cal
Sandwich of liverwurst, turkey, cheddar, lettuce, tomato, toasted rye.

Bigger Better BLT 680 cal
US-style bacon, lettuce, tomato, thick-sliced 100% American cheese, avocado sauce, mayo, multigrain wheat.

Italian Calz Po Boy 550 cal
Nitrite-free ham, salami, pepperoni, provolone, shredded lettuce, tomato, stone-ground mustard, Italian dressing, toasted New Orleans French.

Ranchero Wrap 570 cal (side: 250 cal)
100% antibiotic-free chicken breast, black beans, diced tomatoes, salsa, cheese, lettuce, sour cream, multigrain wrap.

Turkey Wrap 380 cal (side: 60-250 cal)
Roasted turkey breast, turkey, organic leafy greens, guacamole, ranch, toasted whole wheat, pickles, spicy pepperoni, blue corn chips with salsa.

Smoky Jack Panini 790 cal
Nitrite-free smoked turkey breast, bacon, jalapeno pepper jack, guacamole, tomato, 1000 island, sourdough.

Chicken Panini 780 cal
100% antibiotic-free chicken breast, provolone, tomato, organic spinach, tomato, multigrain wheat.

Chipotle Chicken & Avocado Panini 590 cal
100% antibiotic-free chicken breast, jalapeno, sour cream, pepper jack, chipotle sauce, pickled red onions, California-style.

Amy’s Turkey C 420 cal
Roasted turkey breast, avocado, jalapeno pepper jack, red onion, tomato, lettuce, tomato, granite mustard, everything strew.

California Club 570 cal (side: 50-250 cal)
Roasted turkey breast, bacon, tomato, shredded cheese, tomato, multigrain wheat.

Club Royale 400 cal
Nitrite-free smoked turkey breast and ham, bacon, Swiss, cheddar, lettuce, tomato, honey mustard, toasted wheat.

Deli Club 790 cal
Grilled Hot Sandwich with chips or baked chips, bacon, cheddar, lettuce, tomato, mayo, toasted multigrain wheat.

Grilled Cheese & Tomato Soup Combo 1040 cal
Grilled Muenster and cheddar cheese sandwich on multigrain wheat, bowl of Tomato Basil Soup.

FAMOUS FAVORITES

Served with chips. 110-160 cal | Add a side salad.

Make one of these sandwiches into a MANAGER’S SPECIAL

Reuben The Great 570-1130 cal
Original / Lighter
62 pound corned beef or pastrami, Swiss, sauerkraut, 1000 island, Multigrain.

New York Yankee 1070/1650 cal
Original / Lighter
24 ounce combination of hot corned beef & pastrami, Swiss, Multigrain Pile.

Beefsteak 830/670 cal
Original / Lighter
62 pound pastrami roast beef, pepper jack, mayo, toasted New Orleans French.

Wild Salmon-Wich 540 cal (side: 60-250 cal)
Wild Alaska sockeye salmon marinated in balsamic vinegar with guacamole, tomato, lettuce, chipotle mayonnaise, multigrain.

MUFFALETAS

Served with chips. 110-160 cal | Add a side salad.

A New Orleans original! Grilled, creamy Muffaletta spread to the edges with our family recipe olive mix with provolone melted over layers of premium meats.

Quarter Ham & Salami Muffaletta 510 cal
Quarter Roasted Turkey Breast Muffaletta 490 cal
Quarter Muffaletta Special 630-1060 cal
Served on a sandwich roll and one half of a roll. Choice of soup, fruit or M&Cheese.

BUILD YOUR OWN SANDWICH

Whole / Lighter / Half

Served with chips. 110-160 cal | Add a side salad.

Meals
Beef 150/150 cal
Salami 80/80 cal
Tuna Salad with Eggs 160/100 cal
Family recipe Chicken Salad with Almonds & Pineapple 195/160 cal
Beefsteak Bread 116/88 cal
Smoked Turkey Breast 162/86 cal
Roast Beef 210/109 cal

Premium
Cornbread 160/160 cal
Pancakes 500/250 cal

Breads
Multigrain Wheat 362/30 cal
Whole Grain 295/140 cal
Marbled Rye 350/130 cal

Toasted
Sourdough 200/130 cal
Ancient Grain Bun 240/110 cal
Organic Wheat Wrap 189/100 cal
Herb focaccia 210/110 cal
All-butter Croissant 210/140 cal
Everything Roll 170/80 cal

New Orleans French 228/110 cal
Teta 275/115 cal
Gluten-Free 370/190 cal

Cheeses
Provolone 155/70 cal
Cheddar 180/90 cal
Swiss 165/80 cal
American 180/70 cal
Muenster 160/70 cal
Jalapeno Pepper Jack 160/70 cal

Add one: Avocado Slices 60/30 cal
Bacon Slices 95/30 cal
Guacamole 55/10 cal

Sauces
Mayo 90/45 cal
Mustard 10 cal

Spreads
Garlic Mayonnaise 15/10 cal
Honey Mustard 60/40 cal
Chipotle Aioli 105/60 cal
Pesto Aioli 115/60 cal
1600 Island 70/20 cal
Ranch 65/20 cal
Jalapeno Ranch 40/20 cal

2000 calories a day is used for general nutrition advice. But calories may vary. Additional nutrition information available upon request. *Eggs are served medium. Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may result in an increased risk for foodborne illness.
**SALADS**

Garden-Fresh Salad Bar
Choose from dozens of fresh, wholesome ingredients, including select organics.
Add a protein 80-150 cal
Add some soup 160-570 cal

- The Big Chef 1089/2539 cal Original / Lighter 
  - Nippy-fresh rom and roasted turkey, Asago, checkers, grape tomatoes, country olive blend, hard boiled egg, mixed salad greens, ranch.
- Mesa Chicken 820/460 cal Original / Lighter 
  - Grilled, 100% antibiotic-free chicken breast, mixed salad greens, cheese, grape tomatoes, creamy dressing, roasted corn and black bean salad and guacamole, cheddar, jalapeno ranch, southwest spices.
- Nutty Mixed-Up 740/400 cal Original / Lighter 
  - Grilled, 100% antibiotic-free chicken breast, mixed salad greens, cheese, grape tomatoes, roasted corn and black bean salad and guacamole, cheddar, jalapeno ranch, southwest spices.
- Chicken Club 1120/670 cal Original / Lighter 
  - Grilled, 100% antibiotic-free chicken breast, grape tomatoes, mixed avocado, checkers, Asago, bacon, mixed salad greens, ranch.
- Chicken Caesar 1094/510 cal Original / Lighter 
  - Grilled, 100% antibiotic-free chicken breast, tomatoes, Asago, croutons, Caesar dressing, toasted heel breads.

**PASTAS & POTATOES**

Add a side salad.
- Penne & Meatballs 1160/750 cal Original / Lighter 
  - Penne, potato tomato in a marinara, Asago, served with french breads.
- Chicken Alfredo 1240/750 cal Original / Lighter 
  - Grilled, 100% antibiotic-free chicken breast, penne, Alfredo sauce, Asago, served with two breads.
- Zucchini Garden 1090/710 cal Original / Lighter 
  - Penne, roasted zucchini, fennel, mix of roasted tomatoes, organic baby spinach, artichoke heart, Asago, served with breads.
- The Plain Jane 1750/1020 cal Original / Lighter 
  - Caesar salad, julienne, bacon, ranch, green onions.
- Pollo Mexicano 1400/840 cal Original / Lighter 
  - 100% antibiotic-free chicken breast, cheese,收缩复原, pepper, eight piece chicken.
- Southwest Spuds 1550/930 cal Original / Lighter 
  - Chopped chicken breast, BBQ sauce, cheddar, buttermilk.
- The CB Ranch Potato 1750/1020 cal Original / Lighter 
  - 100% antibiotic-free chicken breast, ranch, cheddar, sour cream, bacon, green onions.

**DESSERTS**

- Texas Chocolate Cake 860 cal
- Fresh-Baked Cookie 300-310 cal
- Chewy Marshmallow Treat 320 cal
- Fudge-Nut Brownie 450 cal
- Strawberry Shortcake 460 cal
- Classic Cheesecake 530 cal
- Strawberry Cheesecake 550 cal

**DRINKS**

Fountain Drinks & Iced Texas 9-440 cal
Bottled Drinks
- Coffee

**HANDCRAFTED BOWLS**

- **Modern Med:** 460 cal
- **Greek Southwest:** 710 cal
- **Ultimate BLT:** 760 cal

**SOUPS**

- **BOWLS / CUPS**
  - Broccoli Cheese 570/340 cal
  - Chicken Noodle 370/280 cal
  - Spicy Seafood Gumbo 310/200 cal
  - **Chili:** 490/350 cal
  - **Taco Soup:** 210/150 cal

**KID’S MENU**

For kids 12 and under.

- **J.D. Pickle Meals**
  - Cheese Pizza 470 cal
  - Pepperoni Pizza 520 cal
- **Moo & Cheese 470 cal**
  - With pork and beef meatballs
- **Penne & Meatballs:** 610 cal
  - With 100% antibiotic-free chicken breast.
- **Kid’s Baked Potato 450 cal**
  - Buff, bacon, and cheddar.

**Handicrafts**

The two bowls below served with one side of organic sautees or seasonal fruits, 30-150 cal
- **Chicken Tenders:** 140 cal
- **Chili Tacos:** 100 cal

**Grilled Cheese 580/560 cal**
- American cheese on multigrain wheat or country white.

**EARN POINTS WITH EVERY ORDER**

**Veganize**

- Beverages: Gluten Sensitivity Menu Bars. Jason’s does not use gluten-free ingredients, but gluten-free items are labeled gluten-free. Please expect gluten-free beverages when you order. Jason’s beverages are formulated from food ingredients that are genetically modified. All beverages are gluten-free. For more information, please call us at 800-558-2993 or visit our website at jasons.com.

**Gluten]-Free**

- Be aware that gluten-free items are prepared in a facility that uses other gluten-containing ingredients. We do our best to keep to the best possible practices with gluten-free items, but we cannot guarantee the elimination of gluten from any gluten-free items. It is best to avoid gluten-containing items with gluten-sensitive individuals. Gluten-free breads are gluten-free, but they may contain gluten-free flours or other gluten-containing ingredients. For more information, please call us at 800-558-2993 or visit our website at jasons.com.