

OUR FOODS ARE FREE FROM: DYES, ARTIFICIAL TRANS FATS & FLAVORS, PROCESSED MSG & HIGH-FRUCTOSE CORN SYRUP.

SPECIALTY SANDWICHES

MAKE ONE OF THESE SANDWICHES INTO A MANAGER'S SPECIAL 10.79

Served with chips. 110-160 cal | Add a Side Salad. 7.49

CLASSICS

THE CARMELA 660 CAL | **10.09** Salami, pepperoni, ham, provolone, spicy piquillo pepper relish, mayo, sourdough.

SANTA FE CHICKEN SANDWICH® 710 CAL | 10.39 Grilled chicken, bacon, Swiss, guacamole, tomato, 1000 Island, multigrain wheat.

SHELLEY'S DELI CHICK 590 CAL | 9.49 Chicken salad with almonds and pineapple, lettuce, tomato, croissant.

WRAPS

RANCHERO WRAP 670 CAL | 10.39 Grilled chicken, cheddar, jalapeños, pico de gallo, Southwest spices, ranch, wheat wrap, blue corn chips and salsa. (SIDE: 250 CAL)

TURKEY WRAP 380cal | 9.99 Roasted turkey, tomato, field greens, guacamole, ranch, wheat wrap. One side: fruit, steamed veggies, baked chips or blue corn chips with salsa. (SIDES: 60-250 CAL)

CLUBS

CALIFORNIA CLUB 670 CAL | 11.19

 ${\sf Roasted\ turkey},\,{\sf bacon},\,{\sf Swiss},\,{\sf guacamole},\,{\sf tomato},$ field greens, mayo, croissant. One side: fruit, steamed veggies, baked chips or blue corn chips with salsa. (SIDES: 60-250 CAL)

CLUB ROYALE 690 CAL 11.19 Smoked turkey and ham, bacon, Swiss, cheddar, lettuce, tomato, honey mustard, croissant.

DELI CLUB 780 CAL 10.69

Ham, roasted turkey, bacon, cheddar, Swiss, leafy lettuce, tomato, mayo, toasted multigrain wheat.

BIGGER BETTER BLT 640 CAL 8.99 Bacon, lettuce, tomato, fresh-cracked egg,* mayo, avocado, multigrain wheat.

ITALIAN CRUZ PO'BOY 550 CAL 7.89 Ham, salami, pepperoncini, Asiago, lettuce, tomato, stone-ground mustard, Italian dressing, New Orleans French.

AMY'S TURKEY-O 420 CAL | 8.69 Roasted turkey, avocado, pepper jack, red onions, tomato, lettuce, stone ground mustard, Everything Bun.

PANINIS

SMOKEY JACK PANINI 790 CAL | 10.89 Smoked turkey, bacon, pepper jack, guacamole, tomato, 1000 Island, sourdough.

CHICKEN PANINI 780 CAL | 10.79 Grilled chicken, provolone, pesto aioli, tomato, spinach, sourdough.

CHIPOTLE CHICKEN & AVOCADO PANINI 930 CAL | **10.79**

Grilled chicken, avocado, lemon crema, pepper jack, chipotle aioli, pickled red onions, telera bread, blue corn chips and salsa.

CAPRESE PANINI 9 770 CAL | 9.69 Fresh mozzarella, spinach, roma tomato,

筐 pesto aioli, herb focaccia.

CHICKEN CAPRESE PANINI 960 CAL | 11.39

Grilled chicken, fresh mozzarela, spinach,

roma tomato, pesto aioli, herb focaccia.

IX & MATCH

MANAGER'

Half Sandwich with chips or baked chips and one side: cup of soup, fruit or mac & cheese.

Substitute a Side Salad for side options above. Add 2.49

- Make a Specialty Sandwich or BYO Sandwich into a Manager's Special for 10.79
- Make a Famous Favorite into a Manager's Special for 12.79

Excludes Muffalettas

BUILD YOUR OWN SANDWICH

MEATS 80 - 680 CAL

Ham Salami Tuna Salad with Eggs Chicken Salad with Almonds & Pineapple Roasted Turkey Breast Smoked Turkey Breast Roast Beef

Premium Meats Add 2.8/1.8 Corned Beef **Pastrami**

SPREADS 10-100 CAL

Pesto Aioli Mayo 1000 Island Mustard Chipotle Aioli Ranch Honey Mustard Jalapeño Ranch Stone-ground Mustard

Whole 9.49 / Lighter 8.49 / Half 8.49 Served with chips. 110-160 cal | Add a Side Salad. 7.49

BREADS 90-280 CAL

Multigrain Wheat Marbled Rye Country White

Toasted: Sourdough Ancient Grain Bun Wheat Wrap

Telera Gluten-free Add 1.09

New Orleans French

Focaccia All-butter Croissant Everything Bun

CHEESES 70-180 CAL Add 0.69

Provolone American Cheddar Muenster Swiss Pepper Jack

ADD-ONS 10-60 cal Avocado Slices

Add 0.99

Bacon Slices Guacamole

Roasted Red Pepper Hummus

MUFFALETTA

Served with chips. 110-160 cal | Add a Side Salad. 7.49

A New Orleans original! Grilled, crusty Muffaletta bread is spread to the edges with our family-recipe olive mix with provolone melted over layers of premium meats.

QUARTER HAM & SALAMI MUFFALETTA 510 CAL | 8.69

QUARTER ROASTED TURKEY BREAST MUFFALETTA 490 CAL | 8.69

QUARTER MUFFALETTA SPECIAL 630-1060 CAL | **10.4**9 Served with chips and one side: cup of soup, fruit or Mac & Cheese.



MAKE ONE OF THESE SANDWICHES INTO A MANAGER'S SPECIAL | 12.79

Served with chips. 110-160 cal \mid Add a Side Salad. 7.49

REUBEN THE GREAT 570-1130 CAL Original 13.59 / Lighter 11.59 1/2 pound of hot corned beef or pastrami, Swiss, sauerkraut, 1000 Island, marbled rye.

NEW YORK YANKEE 1070/650 CAL Original 15.09 / Lighter 13.09 3/4 pound combo of hot corned beef and pastrami, Swiss, marbled rye.

BEEFEATER 830/670 CAL Original 12.59 / Lighter 10.59 1/2 pound of hot roast beef, provolone, mayo, New Orleans French, cup of au jus.

WILD SALMON-WICH 540 CAL | **13.19** Marinated wild salmon with guacamole, tomato, lettuce, chipotle aioli, focaccia. One side: fruit, steamed veggies, baked chips or blue corn chips with salsa. (SIDES: 60-250 CAL)



GARDEN FRESH SALAD BAR

Choose from dozens of fresh, wholesome ingredients | 9.99

Add a protein 80-190 CAL | 2.69-6.29 Add some soup 160-570 CAL | Bowl 3.19 / Cup 2.59



SPECIALTY SALADS

THE BIG CHEF (1050/530 CAL

Original 11.19 / Lighter 9.69 Ham and roasted turkey, Asiago, cheddar, grape

tomatoes, olives, hard-boiled egg, salad greens,

MESA CHICKEN 6 850/480 CAL Original 11.89 / Lighter 10.39 Grilled chicken, salad greens, cheddar, grape tomatoes, avocado, roasted corn and black bean

NUTTY MIXED-UP (1) 740/400 CAL Original 11.89 / Lighter 10.39 Grilled chicken, field greens, grapes, feta, cranberry-walnut mix, strawberries, balsamic

vinaigrette.

Substitute marinated wild salmon (200 cal) for any meat on any salad. Add 2.69

CHICKEN CLUB 6 1110/570cal

Original 11.89 / Lighter 10.39 Grilled chicken, grape tomatoes, avocado, cheddar, Asiago, bacon, salad greens, ranch.

CHICKEN CAESAR 1020/510 CAL

Original 11.19 / Lighter 9.69 Grilled chicken, romaine, Asiago, croutons, Caesar dressing, focaccia.

PASTAS & **POTATOES** | Add a Side Salad. 7.49

PENNE & MEATBALLS 1150/750 CAL

Original 11.39 / Lighter 9.99 Penne, pork and beef meatballs, marinara, Asiago. Served with focaccia. (240/120 CAL)

CHICKEN ALFREDO 1240/750 CAL

Original 11.89 / Lighter 10.49 Grilled chicken, penne, Alfredo sauce, Asiago. Served with focaccia. (240/120 CAL)

ZUCCHINI GARDEN 00 1090/710 CAL

Original 11.29 / Lighter 9.89 Penne, roasted zucchini, fresco mix of roasted tomatoes, spinach, artichoke hearts, Asiago. Served with focaccia. (240/120 cal)

THE PLAIN JANE® (§) 1780/1020 CAL

Original 10.49 / Lighter 9.39 Cheddar, sour cream, butter, bacon, green

POLLO MEXICANO 6 1400/840 CAL Original 10.79 / Lighter 9.69 Grilled chicken, cheddar, sour cream, butter, pico de gallo, Southwest spices.

TEXAS STYLE SPUD® 6 1560/900 CAL Original 10.59 / Lighter 9.49 Chopped pit-smoked BBQ beef, barbecue sauce, cheddar, butter.

THE CB RANCH **POTATO** (1) 1760/1020 CAL

Original 10.79 / Lighter 9.69 Grilled chicken, ranch, cheddar, sour cream, butter, bacon, green onions.

HANDCRAFTED SOUPS | BOWLS 6.8 CUPS 5.29 **BOWLS**

MODERN MED 600 CAL | 11.19 Grilled chicken, quinoa, romaine, grape tomatoes, olives, hummus, cucumber, feta, pita, Greek dressing.

GREAT SOUTHWEST 69 780 CAL | 10.19 Grilled chicken, romaine, rice, pico de gallo, roasted corn and black bean salad and guacamole, cheddar, jalapeño ranch, Southwest spices.

ULTIMATE BLT (6) 780 CAL | **10.19** Grilled chicken, quinoa, romaine, bacon, grape tomatoes, pickled red onions, hard-boiled egg, avocado, ranch.

BOWLS 6.89

BROCCOLI CHEESE 570/430 CAL

CHICKEN NOODLE 370/280 CAL

IRISH POTATO 550/390 CAL

TOMATO BASIL (9) (9) 510/330 CAL

CHICKEN POT PIE 530/310 CAL

SPICY SEAFOOD GUMBO 310/200 CAL

CHILI 490/360 CAL

FIRE ROASTED TORTILLA (210/160 CAL

SEASONAL SOUP

KIDS MENU | for kids 12 and under

All Kid's meals include choice of one drink: bottled water, apple juice, or low-fat white or chocolate milk. (0-180 CAL)

CHEESE PIZZA (1) 470 CAL | 4.59

PEPPERONI PIZZA 520 CAL | 4.59

MAC & CHEESE @ 470 CAL | 4.59

PENNE & MEATBALLS 610 CAL | 5.19 Pork and beef meatballs, marinara.

PENNE & CHICKEN ALFREDO 620 CAL | **5.19** Grilled chicken, Alfredo sauce.

KID'S BAKED POTATO 🗐 680 CAL | **5.19** Butter, bacon and cheddar.

The 2 items below served with one side: carrots, fruit or chips. 30-150 CAL

CHICKEN TENDERS 6 180 CAL | 5.49 Breaded chicken breast strips. Served with

PARENTS NOTE: IF YOU HAVE GLUTEN-SENSITIVE KIDS, PLEASE TELL YOUR ORDER TAKER.

GRILLED CHEESE

580/600 CAL | 4.59 American cheese on multigrain wheat or country white.

PARENTS NOTE: IF YOUR KID HAS AN EGG ALLERGY, PLEASE TELL YOUR ORDER TAKER.

DESSERTS

TEXAS CHOCOLATE CAKE 560 CAL | **3.39**

FRESH-BAKED COOKIE 300-310 CAL | 1.89

CHEWY MARSHMALLOW TREAT 🧐 230 CAL | 4.49

FUDGE-NUT BROWNIE 450 CAL | **2.19**

STRAWBERRY SHORTCAKE 940 CAL | 4.49

CLASSIC CHEESECAKE 530 CAL | **4.49**

STRAWBERRY CHEESECAKE 550 CAL | 4.69

DRINKS

FOUNTAIN DRINKS & ICED TEAS 0-440 CAL | **2.99/3.19**

BOTTLED DRINKS | 1.79-4.19 COFFEE | 1.69

0, P/E SOUP Wegetarian

Denotes Gluten-Sensitive Menu item Jason's Deli is not a gluten-free environment. If you are glutensensitive, please request gluten-free preparation when you order Please be advised that all of our foods are prepared in a common kitchen and that Jason's Deli cannot guarantee that cross-contact with other gluten-containing products will not occur. As a result, we cannot recommend this for persons with Celiac Disease. Our gluten-free offerings are designed for those with gluten sensitivities or those who prefer to avoid gluten for nutritional reasons. Ask for our Gluten-Sensitive Menu

NOT A DELI DOLLARS

2,000 calories a day is used for general nutrition advice, but calorie needs may vary. Additional nutrition information available upon request. *Eggs are served medium. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may result in an increased risk for foodborne illness. NOTES: This menu and information are provided by Analytical Food Laboratories (AFL), Grand Prairie, TX (an independent testing facility contracted by Deli Management, Inc. (4/b/a Jason's Deli), combined with the ingredient and allergen data from our suppliers. Jason's Deli and AFL assume no responsibility for its use and information which has not been verified by Jason's Deli. Every effort is made to keep this information current. Factors including regional suppliers, recipe revisions and others may require ingredient changes. Serving sizes as described in the nutritional information may vary due to many offerings being individually prepared and the use of differing serving containers. Limited time offers, test or regional items have not been included in our menu. For the most current nutrition, ingredient and allergen information, visit our website: jasonsdeli.com

DELI **DØLLARS REWARDS**

REWARDS MEMBER YET?

